



*Indians Cross Country Boosters*  
**Dr. Bender Cross Country Classic**

**Open 5K, Middle School Age 2-Mile &  
Elementary Age 1-Mile**

***Alumni / Team Challenge Race Rules:***

If you graduated from a high school, college/university, are a member of one of the branches of the military (active, reserve or guard) or corporate associate and have entered the Open 5K, you can also be entered in the **Alumni / Team Challenge Race!** Here's how to be included in the Alumni / Team Challenge:

- 1) Entrants in the Open 5K race write their name, age, sex and high school/college (which ever you wish to be associated with) they are an alumni of, military branch they are a member of, or corporate associate on the entry form and on their tear-away race tag at the bottom of their race bib. You may only be associated with one team.
- 2) Schools/Team branches with at least 4 alums/members finishing will score as a team.
- 3) Teams do not designate their 4 runners before the race.
- 4) Teams will be determined by combining the first 4 alums/members based on times adjusted for sex. Should there be more than 4 alums/members from any one school or team, the next 5-8 alums/members (based on times adjusted for sex) will be the "B" team from the school/military branch, and so on for additional alums/teams.
- 5) Teams will be ranked by adding the adjusted times of the 4 fastest competitors from the same school/military branch/corporation to come up with a cumulative time (the next 4 from the same school/military branch/corporation will be the "B" team from that school/military branch/corporation). The fastest cumulative team time (based on adjusted times) will be the winner, second fastest cumulative team time (based on adjusted times) will be second, etc.
- 6) Adjusted times: Female times will be adjusted by multiplying their time by 85.2%. The adjusted time percentage was determined by taking the average time of the top 60 boy finishers in all divisions at the 2010 OHSAA state meet (16:18), which is 85.2% of the average time of the top 60 girl finishers (19:08) at the same meet. This adjusted time will only be used in calculating team cumulative times.